

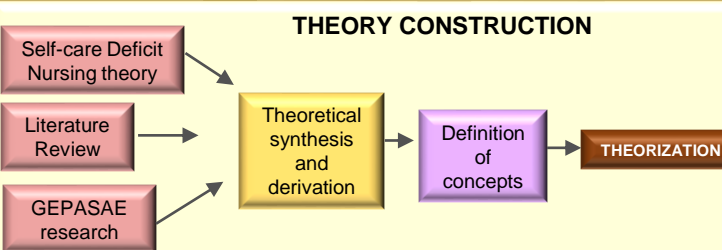
Introduction

Heart Failure (HF) is a chronic and progressive disease which individuals must be able to perform self-care activities in order to manage their health and prevent disease worsening. Nevertheless, the nursing diagnosis (ND) Ineffective Health Management is very frequent in these individuals.

Purpose

To construct a situation – specific theory (SST) for outpatients with Heart failure (HF) and with the nursing diagnoses (ND) Ineffective Health Management, based on the Self-care deficit nursing theory (SCDNT) by Orem, the standardized languages NANDA, NOC and NIC (NNN) and GEPASAE (Group for the Study, Research and Systematization of Nursing Care) research

Methodology



Situation-specific Theory of Health Management in Heart Failure

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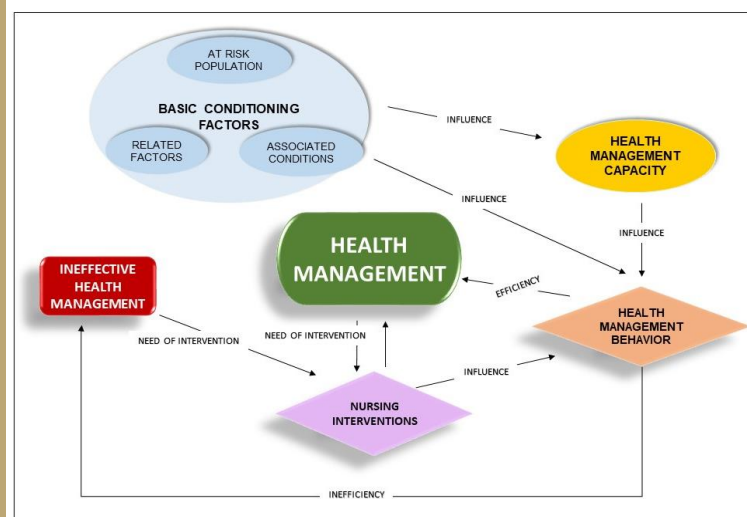
THEORY ANALYSIS

- Use of the Delphi technique for analysis of the theory by experts.
- Items evaluated:
 - Properties of an SST (Im & Meleis, 1999)
 - Concepts, assumptions and propositions (Fawcett, 2000)
 - Pictogram (Meleis, 2012)

The experts were selected by their experience/knowledge on Cardiology Nursing, nursing theories and/or standardized nursing language

RESULTS

Pictogram showing the relationships among the concepts



It was defined one central concept (health management) and five peripheral concepts (Ineffective Health Management, Health Management Capability, Health Management Behavior, Nursing Interventions, Basic Conditioning Factors). Six assumptions and three propositions were determined, presenting the relationships among the concepts. The SST was analyzed in terms of the criteria that classify it as SST, and agreement above 80% was obtained in all items after two rounds of analysis by the experts.

Impact

This SST allows nurses to recognize signs and symptoms that show the occurrence of ineffective health management in outpatients with heart failure and to better understand the factors that influence their health management. Furthermore, this SST aims to show how these professionals can contribute to this management by using standardized language systems, such as NANDA, NIC and NOC

Acknowledgment

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