

# Introduction

Resilience imply a dynamic process of adaptation and recovery, and in the elderly, this potential is a protective factor in the face of changes that occur with advancing age<sup>1</sup>. Nurses in the evaluation of human responses will be able to plan and evaluate their interventions for the development of promotion and adaptation resources in a positive perspective<sup>2</sup>.

# Study purpose

The aim of this work is to develop the concept of resilience in the context of the elderly people.

# Method

- ❖ Concept analysis using Beth Rodgers' Evolutionary Model<sup>3</sup>.
- ❖ Concept of interest was "resilience in the elderly".
- ❖ Integrative review with the questions: "What are the conceptual elements of resilience in the elderly?" and "What are the tools for assessing resilience in the elderly?".

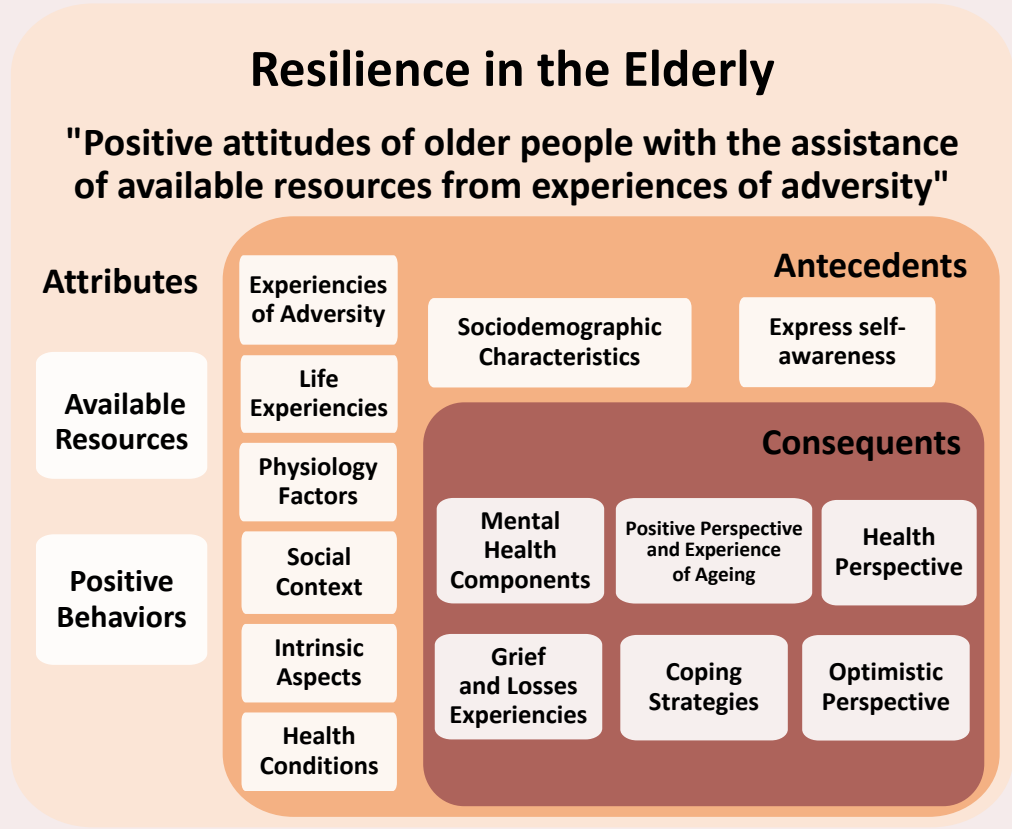
# "Personal Resilience" of Nursing Outcomes Classification (NOC): concept model in elderly people

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**Key Words:** Aged; Concept formation, Geriatric Nursing, Resilience Psychological, Standardized Nursing Terminology

- ❖ PubMed, CINAHL, PsycInfo, LILACS and Embase databases.
- ❖ Search in databases:
  - December 2022.
  - 1988 articles were founded.
  - 202 duplicates.
  - 1786 excludes (title and abstract).
  - **69 articles were included in the review.**

# Results



# Impact

The conceptual model and its elements may establish sensitive indicators for nursing care on the phenomenon of resilience, specifically in the elderly, with a view to achieving the expected outcomes in nursing care for the elderly.

References:

Logos include: ESCOLA DE ENFERMAGEM DE RIBEIRÃO PRETO USP, FERP/USP - BRAZIL, WHO COLLABORATING CENTRE, CATÓLICA (CIIS - CENTRO DE INVESTIGAÇÃO INTERDISCIPLINAR EM SAÚDE), fct (Fundação para a Ciência e a Tecnologia), CATOLICA INSTITUTE OF HEALTH SCIENCES, NANDA International, and BOSTON COLLEGE Connell School of Nursing.